

Complementary and Alternative Health Care Client Bill of Rights

As of July 1, 2001, Minnesota's Freedom of Access to Complementary Care Law (Statute Chapter 146A) requires that you receive the following information prior to your treatment and acknowledge that you have received it by your signature on the intake form.

- 1. Business information** Barbara Jean Conti Structural Integration, LLC
201 E. Hennepin Ave., Suite 204, Minneapolis, MN 55414
(612) 817-5571
- 2. Degrees, training, experience and qualifications**
- Guild for Structural Integration (2005-2006)
 - Diploma – Prerequisite Course in Anatomy, Physiology, Kinesiology, and Integrative Massage, 530 Hours
 - Diploma – Basic Training for Practitioners of Structural Integration, 528 Hours
 - Minneapolis License Number LIC70693

In accordance with Minnesota state law, I am providing you with the following notice:

"THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY. UNDER MINNESOTA LAW, AN UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONER MAY NOT PROVIDE A MEDICAL DIAGNOSIS OR RECOMMEND DISCONTINUATION OF MEDICALLY PRESCRIBED TREATMENTS. IF A CLIENT DESIRES A DIAGNOSIS FROM A LICENSED PHYSICIAN, CHIROPRACTOR OR ACUPUNCTURE PRACTITIONER, OR SERVICES OF A PHYSICIAN, CHIROPRACTOR, NURSE, OSTEOPATH, PHYSICAL THERAPIST, DIETITIAN, NUTRITIONIST, ACUPUNCTURE PRACTITIONER, ATHLETIC TRAINER OR ANY OTHER TYPE OF HEALTH CARE PROVIDER, THE CLIENT MAY SEEK SUCH SERVICES AT ANY TIME."

- 3. Right to file a complaint.** If you have any concerns, you may file a complaint with the following office:
Minnesota Department of Health, Division of Health Regulation – Health Occupations Program 651-201-3721 (TTY: 651-201-5797, Fax: 651-201-3839) or health.hop@state.mn.us

- 4. Fees**
See fee table, below. Fees are payable at the time of service by cash, check or credit card. If you are unable to pay the full fee at the time of service, a payment plan can be arranged. This plan must be agreed to in writing prior to the provision of services. In order to receive services, you must be current with your payment plan arrangement.

I do not handle insurance claims; however, a receipt will be provided to you, should you wish to file a claim with your provider. I do not accept Medicare, Medical Assistance or General Assistance medical care.

- 5. Change in service or charges.** You have the right to reasonable notice of changes in services or charges, and I will provide prior notice of any changes.

6. Brief summary of my theoretical approach. My primary practice is Rolfing® Structural Integration (SI). Rolfing® SI is a total-body wellness process that improves your body's alignment and movement. Benefits of Rolfing® SI typically include reduced chronic pain and increased freedom of movement. Rolfing® SI sessions include a range of soft tissue manipulation techniques that are somewhat like massage. A basic series of Rolfing® SI includes 10 sessions. The series covers all major segments of the body: arms, legs and feet, torso and head.

Single sessions of Rolfing® SI, CranioSacral therapy and Wheeler Fascial Work for Scar are also available.

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7. Assessment and Recommendations. You have the right to complete and current information concerning my assessment and recommended service, including the expected duration of the services to be provided. If you have any questions, please ask.

8. Courteous Service. You may expect courteous treatment and to be free from verbal, physical or sexual abuse by your practitioner.

9. Records confidentiality and client access. Your records and transactions with this office are confidential. This information will not be released unless you authorize release in writing, or unless release is required by law. Clients have the right to access to their own records maintained by the Practitioner's office, in accordance with state statute sections 144.291 to 144.298.

10. Other Community Services. Other similar services are available in the community. Possible sources of information are Minnesota Wellness Directory, the Edge newspaper directory, or the telephone yellow pages. You may ask your practitioner and she will provide this information to the best of her knowledge.

11. Selecting and Changing Practitioners. You have the right to choose freely among available practitioners and to change practitioners after services have begun, within the limits of health insurance, medical assistance or other health programs. If these services are covered by your health insurance, medical assistance plan or other health program, you should direct all questions about coverage to your health insurance provider.

12. Coordinated transfer. If you change practitioners, you have the right to our assistance in coordinating this transfer to another practitioner.

13. Right to Refuse Service. You are free to refuse services or treatment unless otherwise provided by law.

14. No Retaliation. You may assert your rights described in this Client Bill of Rights at any time without retaliation.

Session Prices, effective April 2023

Rolfing® Structural Integration 10-Series	Other Specialties
<ul style="list-style-type: none">90 minute session: \$175Spot work 60 minutes: \$90Spot work 90 minutes: \$135	CranioSacral Therapy, Wheeler Fascial Work for Scars, Three Heart Balancing <ul style="list-style-type: none">60-minutes: \$9090-minutes: \$135



Barbara Jean Conti

Rolfing® Structural Integration